



**Ministry of Food Processing Industries  
Government of India  
Organizes**

## **Chhattisgarh Millets Meet & Exhibition**

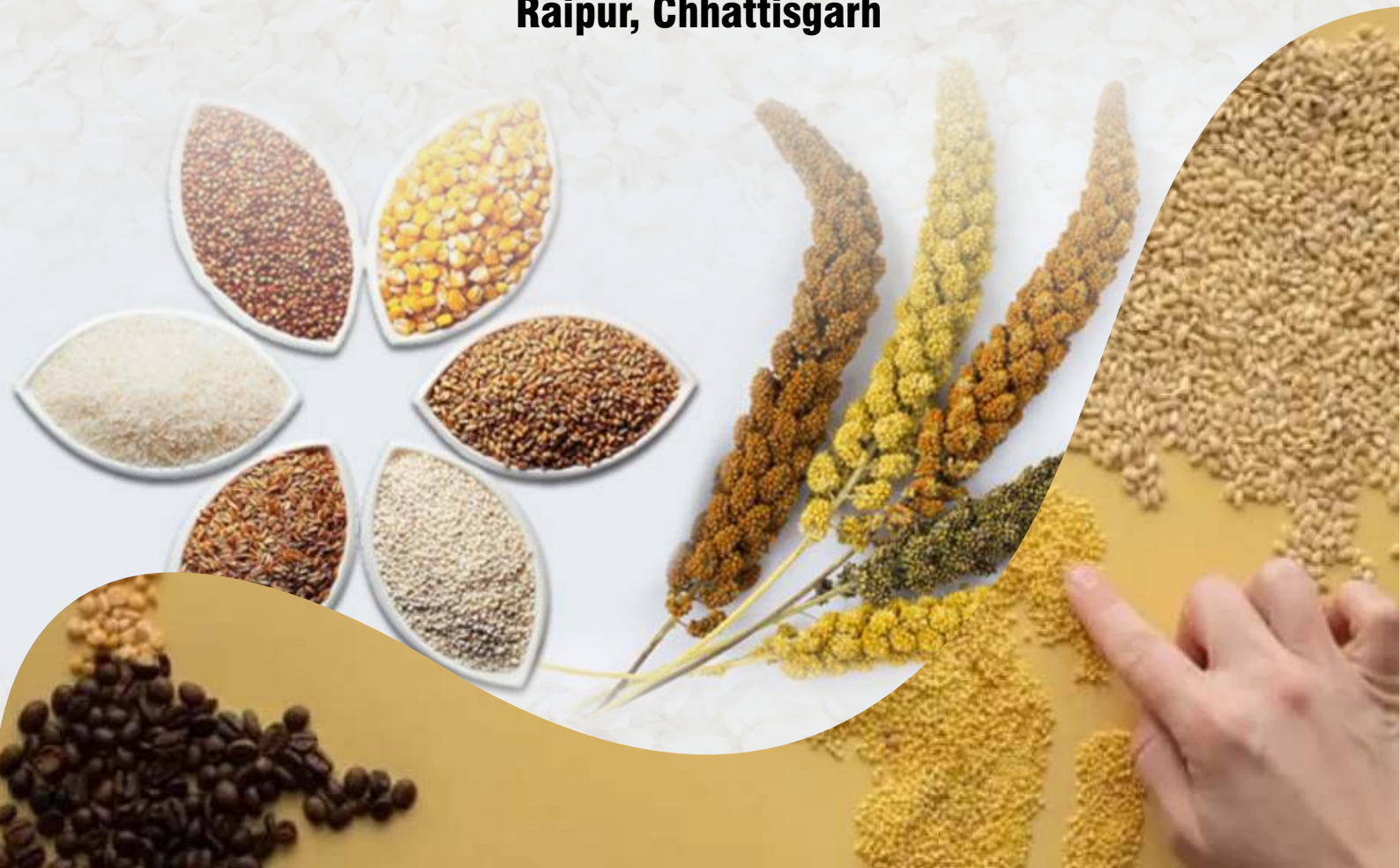


# **Millets**

## **POWERHOUSE OF NUTRITION**

**12<sup>th</sup> July 2023**

**Auditorium, Indira Gandhi Krishi Vishwavidyalaya,  
Raipur, Chhattisgarh**



# International Year of Millets : IYoM 2023



Recognizing India's accomplishment in feeding its enormous people and striving for world wellbeing, the United Nations declared 2023 to be the International Year of Millets. The primary goal of the International Year of Millets is to enhance awareness about the nutritional significance of millets and to promote understanding of how millets can help to eliminate food injustice and malnutrition.

## Nutritional Benefits of Millets



- **Kodo** millet is rich in vitamins, minerals and phytochemicals containing Sulphur, so it is called "nutria-cereals". It is also rich in essential amino acids, like lysine, threonine, valine, Sulphur containing amino acids and the ratio of leucine to isoleucine.



- **Kutki** millet is particularly high in the sulfur-containing amino acids Cysteine and Methionine, and overall has a more balanced amino acid profile than other cereals. Kutki millet is grown on less fertile lands, such as hilly tracts, and is used as an intercrop with legumes, gram, or sesame, requiring little to no inputs.



- **Ragi** is one of the very few natural sources of Vitamin D. It contains about 5–8% protein, 1–2% ether extractives, 65–75% carbohydrates, 15–20% dietary fiber and 2.5–3.5% minerals. Of all the cereals and millets, finger millet has the highest amount of calcium (344mg%) and potassium (408mg%)

## The Major Millets of Chhattisgarh

Millets, which are simply grasses, were the first crops to be domesticated when humanity decided to grow their own food. Chhattisgarh, being a tribal area has a rich history of millet-based diet system. Arke Millet (Kodo), Little Millet (Kutki) and Finger Millet (Ragi) are the major millet varieties grown in the state. The state has 69000 Hectares of area under Millet cultivation. During the years 2020-2021, 2021-22, and 2022-2023, To promote the farmers, the Chhattisgarh gov. procured a total of 52730 quintals of millets under the millet mission and the state government has announced plans to provide a midday meal Scheme in schools and millet-based nutrition food in anganwadi centers. The State Government has also provisioned Rs 10,000 per acre for the farmers who take Kodo-Kutki crop, instead of paddy.

## BaJoRa-Facts

- As one of the oldest domesticated cereals, millet's history stretches back to the Neolithic era.
- It is assumed that domestication of Arke or Kodo millet was took place about 3000 years ago.
- Millet is a versatile grain and a nutritious substitution for rice or quinoa. It can be cooked into porridge, served like polenta, or turned into gluten-free pancakes. And in India, as mentioned previously, millet flour is a key ingredient in many traditional flatbreads.



## Key sessions for the Event

- Understanding and addressing nutritional security through millets by means of nutrient management technologies, disease resistance, better drought tolerance bio-fortification, and higher productivity.
- Addressing the challenges related to agricultural dynamic changes in response to climate change in Chhattisgarh.
- Exploring and understanding the gaps in productivity, technology, and extension for millets promotion in Chhattisgarh
- Discussing the millet specific interventions in agricultural input markets
- Finding opportunities and challenges for millets-based food entrepreneurs
- Proposing incentive schemes like MSP for millets to promote the producers across the country.
- Creating opportunities for millet-based research for relevant clinical data supporting beneficial claims of millets.
- Creating designated market space of millets for producers in the state
- Proposing organized programs for production and supply of seeds of improved varieties
- Schemes of MoFPI, NABARD, MSME for better outreach of Mission millets in Chhattisgarh
- Potential of MSME Sector for developing a viable millet production value chain
- Developing Millet Processing clusters

## Objectives:

- Understanding the benefits of millet for Health and the Environment
- Assessment of credit Potential of MSME sector & fostering entrepreneurship through the PMFME scheme
- Millet AgriTech & Startup Meet: The Need for it and how is it a profitable business
- Export, Logistics & Government Interventions for millets
- Developing the capabilities of business owners through technical education, skill development, and enabling them along their value chain

## Participants

- Food Processing Companies
- Farmers/ Producers/ Agriculturists
- FPOs/FPCs/ Cooperatives/ SHGs/ SHG Federations/ Concerned NGOs
- Students from Educational institutes
- Government Bodies/ State Enterprises
- Food Safety and Standards Agencies
- Farmers and Agri Entrepreneurs
- Policymakers, Scientists & Academicians
- Agro & Food Industry
- Start-Ups Manufacturer
- Beverage Industries
- Food Service Equipment Dealer/ Distributor
- Industry representatives
- Anganwadis
- Panchayat representatives from nearby villages





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FOR MORE DETAILS: PLEASE CONTACT

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